The Motivation Behind Following Directions

What motivates us to follow directions from an authority figure? Complete the activity described below and then we will discuss it.

Materials: You may need a sheet of paper and a pencil

Directions:

1. Read all directions before beginning.
2. Take out one sheet of lined paper.
3. Place it on your desk so that the holes are on the left side and the margin is at the top.
4. Skipping lines, number your paper 1-7
5. On the first line, write your name.
6. On the second line, write the name of the person sitting to your right.
7. On the sixth line, draw three stars.
8. In the center of the paper, about 5 lines below line seven, draw a box.
9. Write the number of siblings you have to the right of the box.
10. Divide the box into four equal parts with a pencil.
11. Draw a flower in the bottom left hand corner of the box.
12. Turn your paper upside down.
13. Write out today's date using all capital letters.
14. Turn your paper right side up again.
15. On line three, draw a small picture of your favorite food.
16. Draw a circle around it.
17. Write the name of your first pet on line four.
18. Draw a star in each corner of your paper.
19. Underline two of the stars.
20. Turn your paper over.
21. Fold it in half lengthwise.
22. Fold it in half the other way.
23. Write your middle name on the outside.
24. Ignore directions one through twenty-three and enjoy watching those that are doing this activity wrong. Remain completely silent unless I ask you something.